



16 Week Plan PE

Week	Routine homework	NEA work	Revision topic	Resource links	Suggested tasks / Revision strategy	Revision check	Intervention Programme
19 January	As set by class teacher on Firefly	Upload NEA Footage	NEA	GCSE Physical Education Specification for first teaching in 2016	<p>Upload Documents to the correct folder here: Firefly Sharepoint - GCSE NEA - All Documents</p> <p>Rename videos so examiners can easily identify the skill/s being performed in the video</p> <p>More information on how to record videos can be round here: Coursework - NEA — Wilmslow High School</p>		Monday 3:25pm NEA SUPPORT Room 3
26 January	As set by class teacher on Firefly	Upload NEA Footage	NEA	GCSE Physical Education Specification for first teaching in 2016	<p>Upload Documents to the correct folder here: Firefly Sharepoint - GCSE NEA - All Documents</p> <p>Rename videos so examiners can easily identify the skill/s being performed in the video</p> <p>More information on how to record videos can be round here: Coursework - NEA — Wilmslow High School</p>		Monday 3:25pm NEA SUPPORT Room 3

2 February	As set by class teacher on Firefly	Upload NEA Footage	NEA	GCSE Physical Education Specification Specification for first teaching in 2016	<p>Upload Documents to the correct folder here: Firefly Sharepoint - GCSE NEA - All Documents</p> <p>Rename videos so examiners can easily identify the skill/s being performed in the video</p> <p>More information on how to record videos can be found here: Coursework - NEA — Wilmslow High School</p>		<p>Monday 3:25pm</p> <p>NEA SUPPORT</p> <p>Room 3</p>
9 February	As set by class teacher on Firefly	Upload NEA Footage	NEA	GCSE Physical Education Specification Specification for first teaching in 2016	<p>Upload Documents to the correct folder here: Firefly Sharepoint - GCSE NEA - All Documents</p> <p>Rename videos so examiners can easily identify the skill/s being performed in the video</p> <p>More information on how to record videos can be found here: Coursework - NEA — Wilmslow High School</p>		<p>Monday 3:25pm</p> <p>NEA SUPPORT</p> <p>Room 3</p>
16 February	As set by class teacher on Firefly		Anatomy & Physiology	Knowledge Organisers — Wilmslow High School	<p>Knowledge Organiser 1 (Pages 1-6) – Quiz Yourself</p> <p>Make 30 Flash Cards using information on information in Knowledge Organiser 1</p>		
23 February	As set by class teacher on Firefly		Sports Psychology	Knowledge Organisers — Wilmslow High School	<p>Knowledge Organiser 2 (Pages 1-7) – Quiz Yourself</p>		

					Make 30 Flash Cards using information on information in Knowledge Organiser 2		
2 March	As set by class teacher on Firefly		Exam Technique	Exam Technique — Wilmslow High School	Complete in your books Self-assessment; mark in green pen		
9 March	As set by class teacher on Firefly		Key Terms Booklet – Quiz Yourself	Key terms booklet — Wilmslow High School	You can print these off at Printworks for a small cost		
16 March	As set by class teacher on Firefly		Movement Analysis	Knowledge Organisers — Wilmslow High School	Knowledge Organiser 1 (Pages 7 – 12) – Quiz Yourself Make 30 Flash Cards using information on information in Knowledge Organiser 1		Paper 1 English Corridor R Herriott
23 March	As set by class teacher on Firefly		Socio-Cultural Influences & Fitness and Well-being	Knowledge Organisers — Wilmslow High School	Knowledge Organiser 2 (Pages 7-15) – Quiz Yourself Make 30 Flash Cards using information on information in Knowledge Organiser 2		Paper 1 English Corridor R Herriott
30 March	As set by class teacher on Firefly		Plan and complete two questions – One you find easy, one you find challenging!	Extended answer questions — Wilmslow High School	Cover up the plan to start with. Write out the question and complete in your exercise book. Use plan to self-assess and mark your answers.		

6 April	As set by class teacher on Firefly		Paper 2 Multiple Choice Questions	Practice exams and mark schemes — Wilmslow High School	Complete and use Mark Scheme to self-assess		
13 April	As set by class teacher on Firefly		Past Paper (2018) Paper 1	Practice exams and mark schemes — Wilmslow High School	Use Mark Scheme to self-assess.		Paper 2 English Corridor S Richards
20 April	As set by class teacher on Firefly		Past Paper (2018) Paper 2	Practice exams and mark schemes — Wilmslow High School	Use Mark Scheme to self-assess.		Paper 2 English Corridor S Richards
27 April	As set by class teacher on Firefly		Complete two documents: 4 GCSE HODDER f2f with Mike and Jackie 5 HODDER GCSE REVISION PE ROSS	AQA Revision day resources — Wilmslow High School			Extended Answer Questions R Herriott & A Clarke
4 May	As set by class teacher on Firefly		Complete two documents: 3 Physical Training	AQA Revision day resources — Wilmslow High School			Extended Answer Questions English Corridor

			6 Health, Fitness and Well- Fitness				R Herriott & A Clarke

