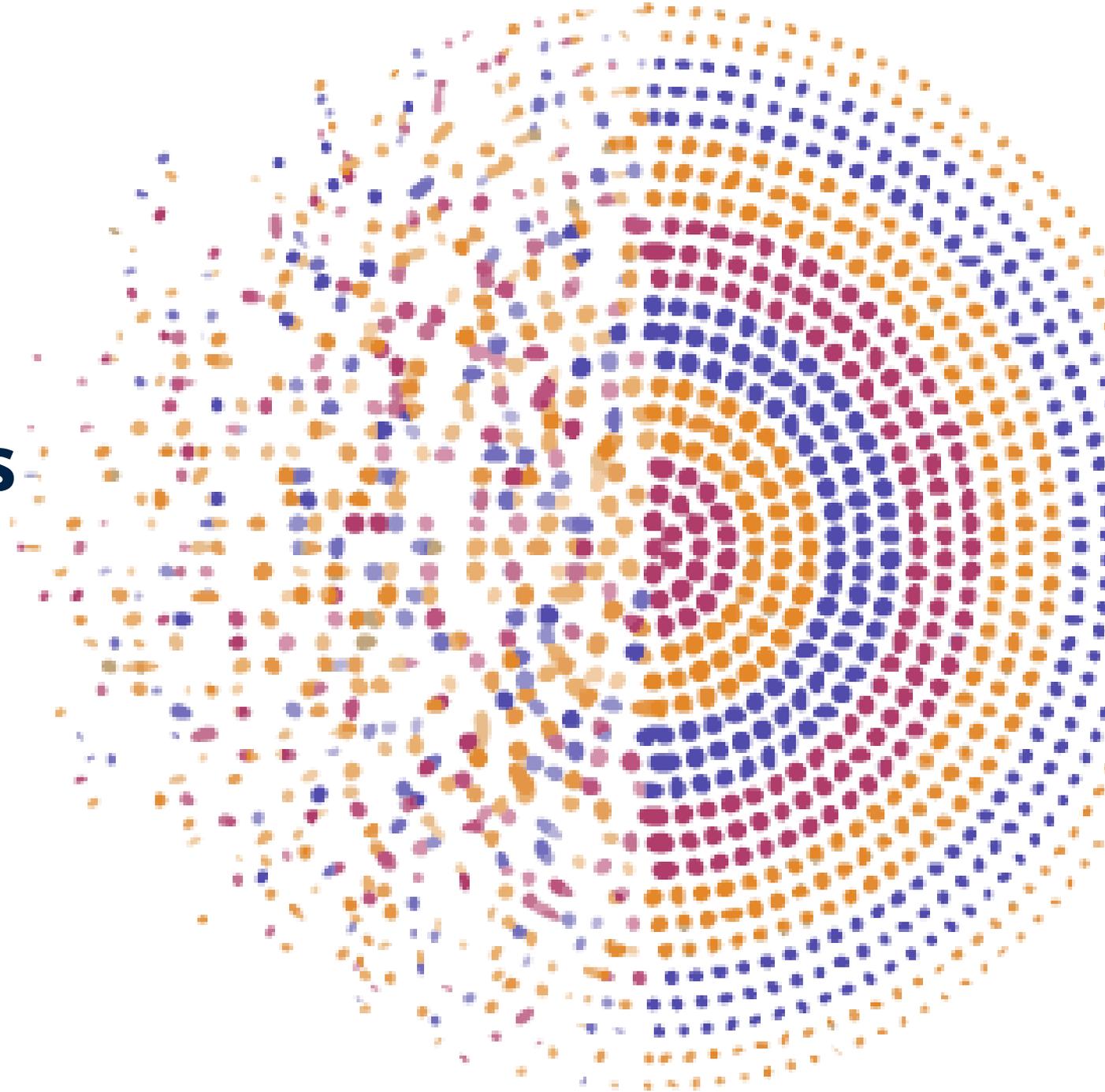


# Year 11 Mock Results Evening 2026

@Wilmslow High School



# 3 Parts

01

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## Where Are You Now?

Understanding current performance and mock exam results

02

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## Why Does This Matter?

Connecting today's effort to tomorrow's opportunities

03

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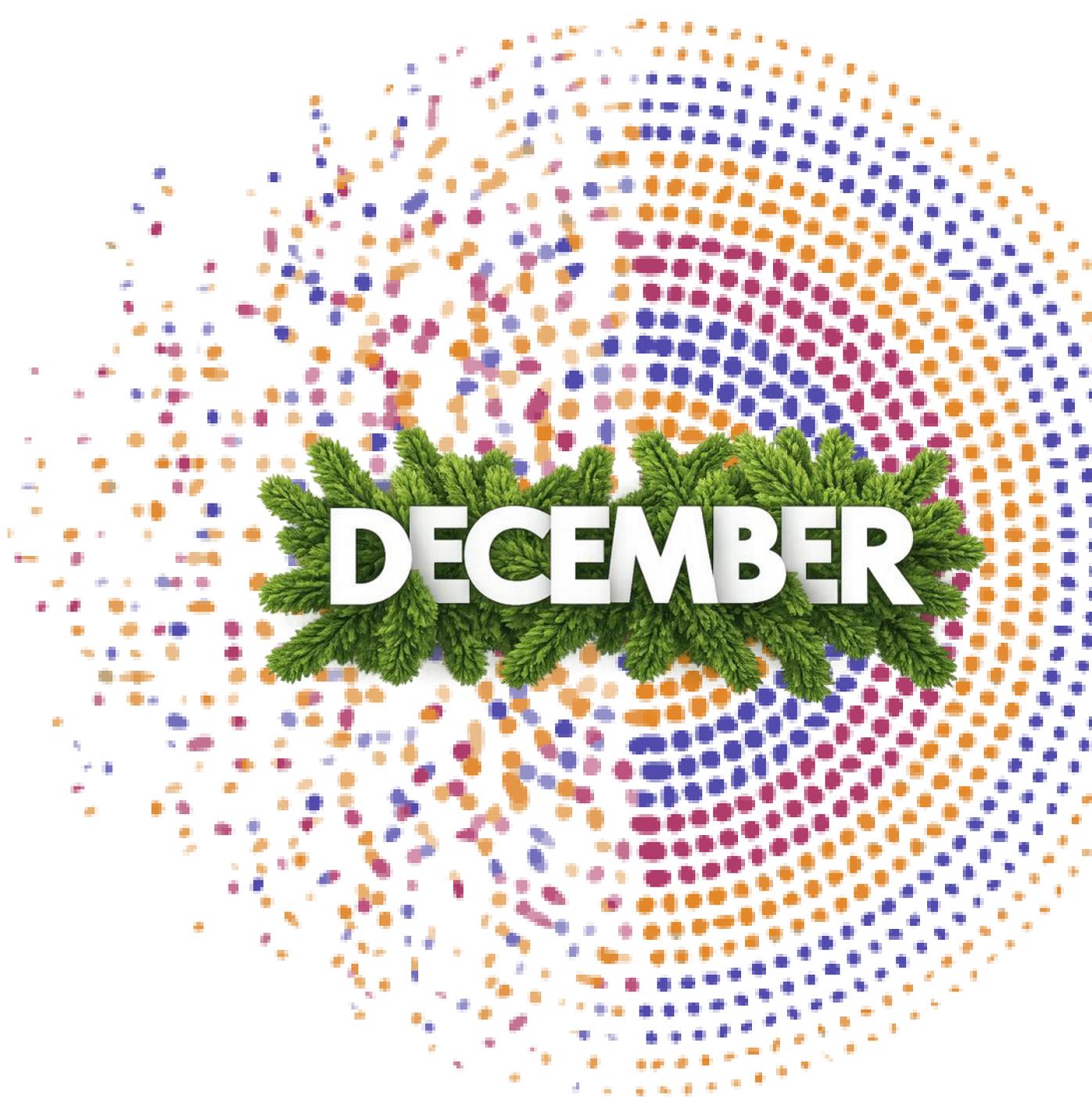
## How Will We Get There?

Building personalised strategies for exam success

# Where are you now?

## MOCK GRADES

Subject	Mock Grade
GCSE English Language	6
GCSE English Literature	4
GCSE Mathematics	4
GCSE Combined Science	4 - 3
GCSE French	5
GCSE Art Graphics	6
GCSE Media Studies	6
GCSE P.E.	7



# Where will you be if nothing changes?

## PERFORMANCE GRADES

Subject	Mock Grade
GCSE English Language	6
GCSE English Literature	5
GCSE Mathematics	5
GCSE Combined Science	4 - 4
GCSE French	5
GCSE Art Graphics	7
GCSE Media Studies	6
GCSE P.E.	7

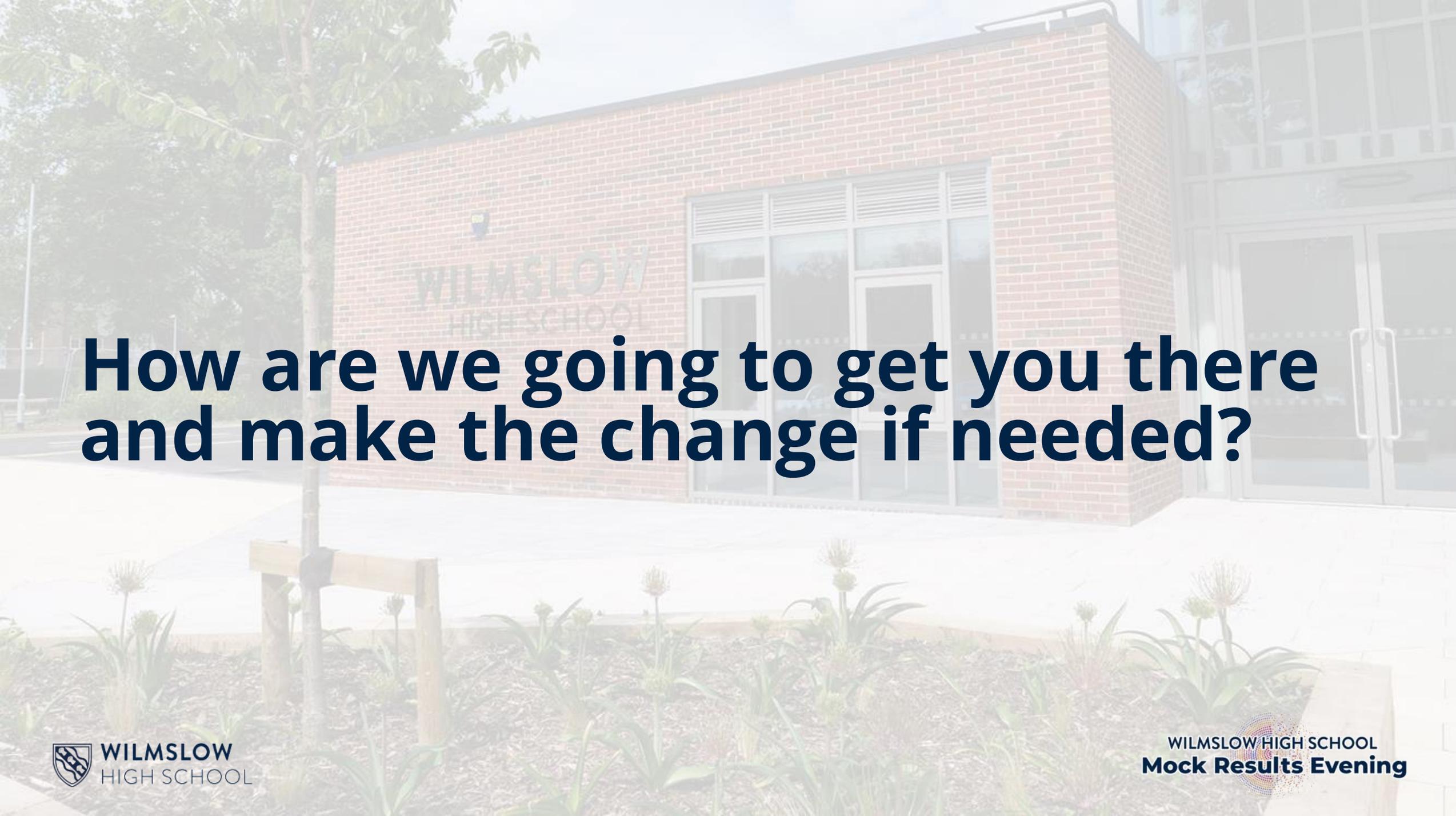




## Part 2: Why does this matter?

# Getting you to your future





**How are we going to get you there  
and make the change if needed?**

# Building your personal strategy for your exam success

# Will this work?

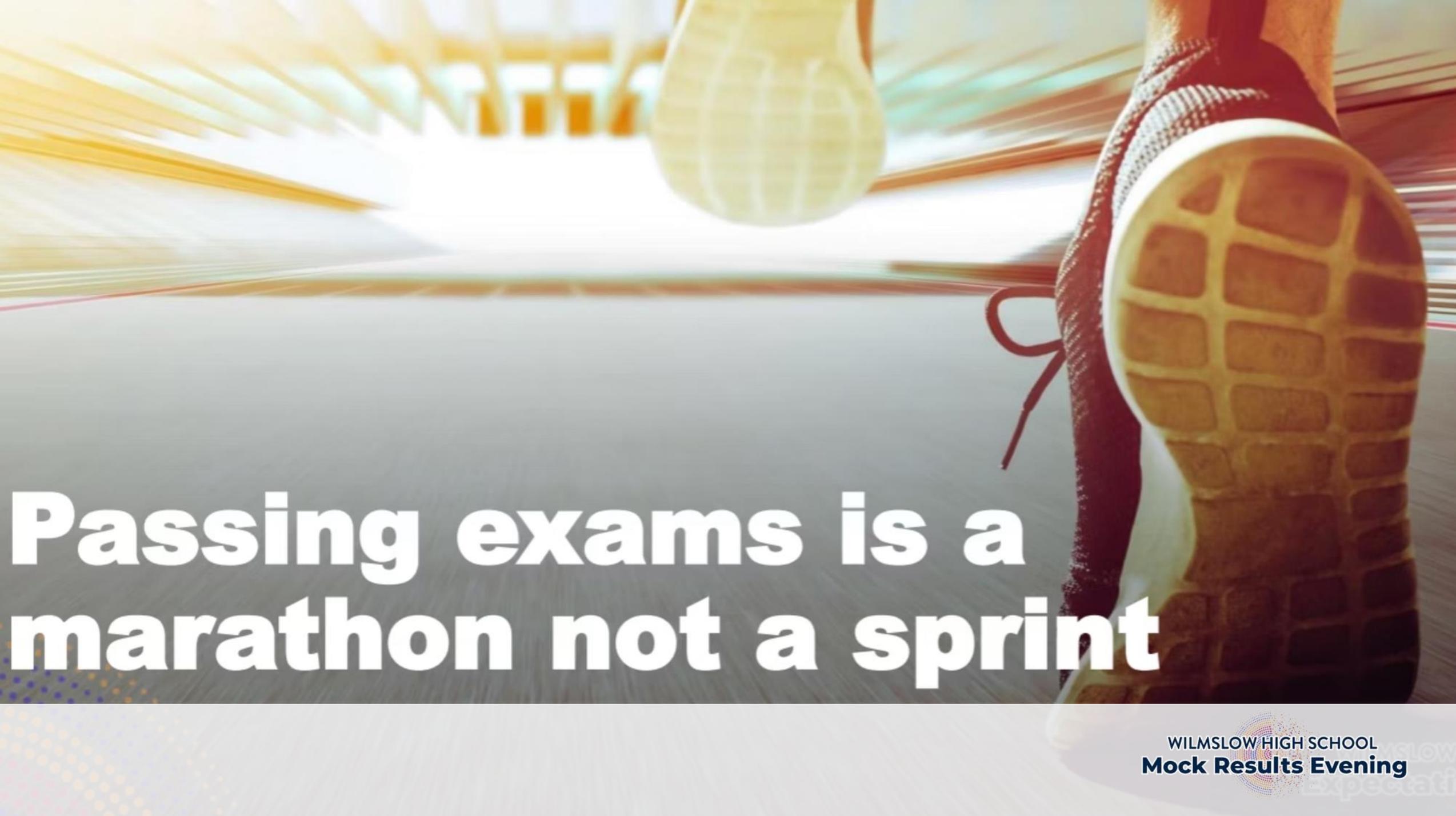


*"We believe that the Exam Preparation Programme was integral to our child unlocking their potential.*

*They attended the majority of the sessions available to them.*

*Thank you for adding them to the booster sessions in Maths, Science and English which we think made all the difference.*

*They exceeded their predicted grades in every single one of their subjects, which has meant the full range of options is available to them for their future choices."*



**Passing exams is a  
marathon not a sprint**

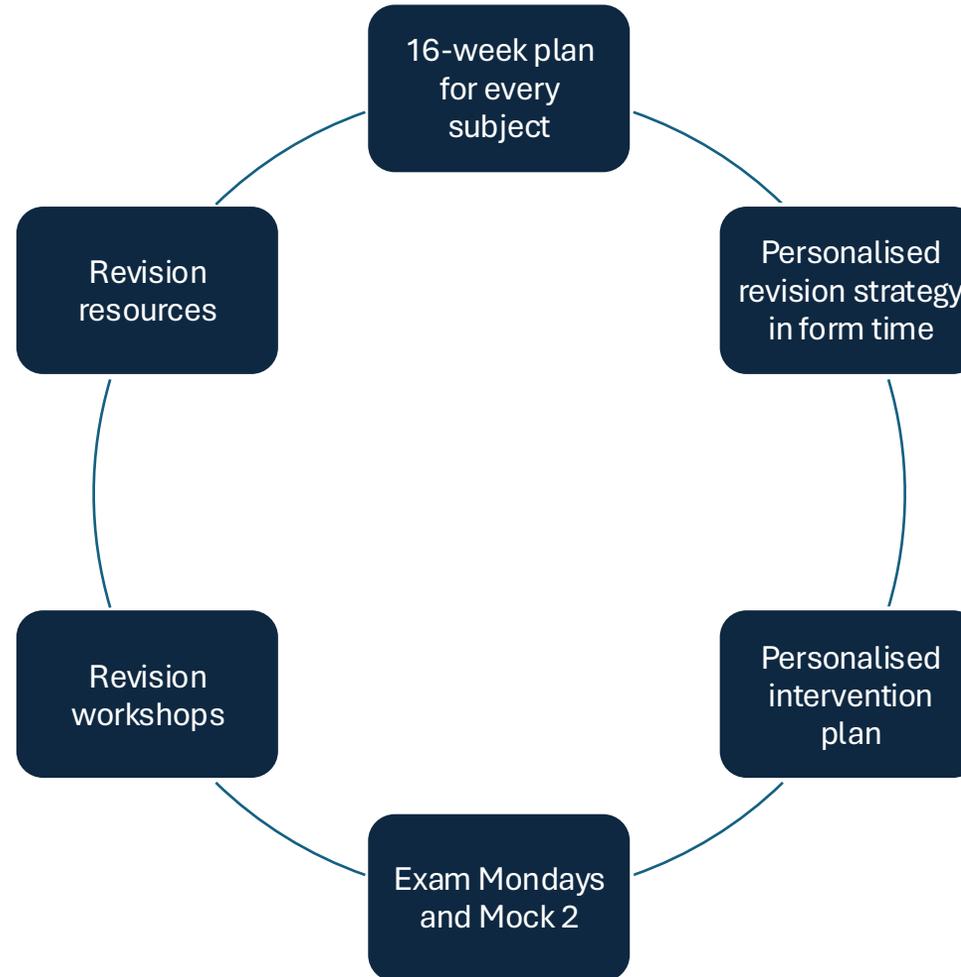
WILMSLOW HIGH SCHOOL  
**Mock Results Evening**



# Explicit exam strategy instruction

1. Explicitly modelling to students how to revise/ exam technique etc.
2. Providing explicit feedback to students on their exam strategy
3. An explicitly positive mindset – Mr Broad will explain more

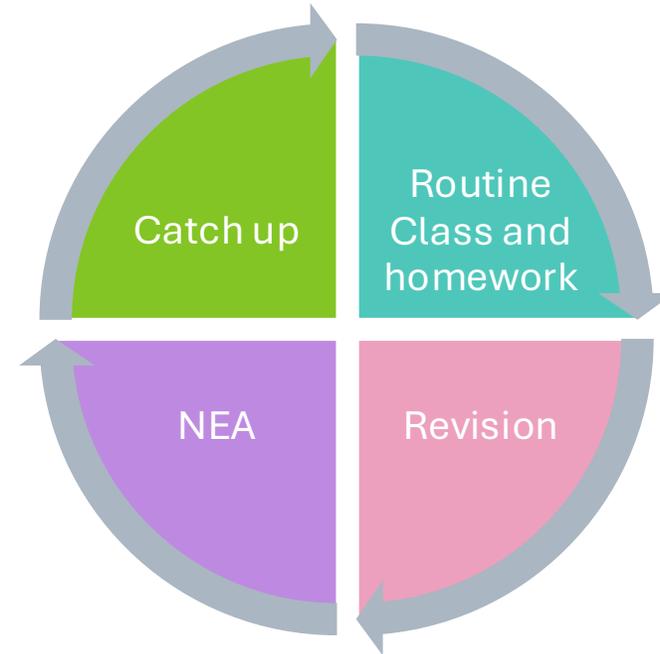
# Explicit exam strategy instruction



# 16-week plans for every subject

## Shared this week

- Take students through the 16 weeks from 19 January to 4 May
- Ensure that students balance 4 crucial activities in their Revision Strategy



# Personalised revision strategy in form time

We will track and monitor the revision strategy of every student so that we can provide advice and guidance:



**Revision timetable and product**



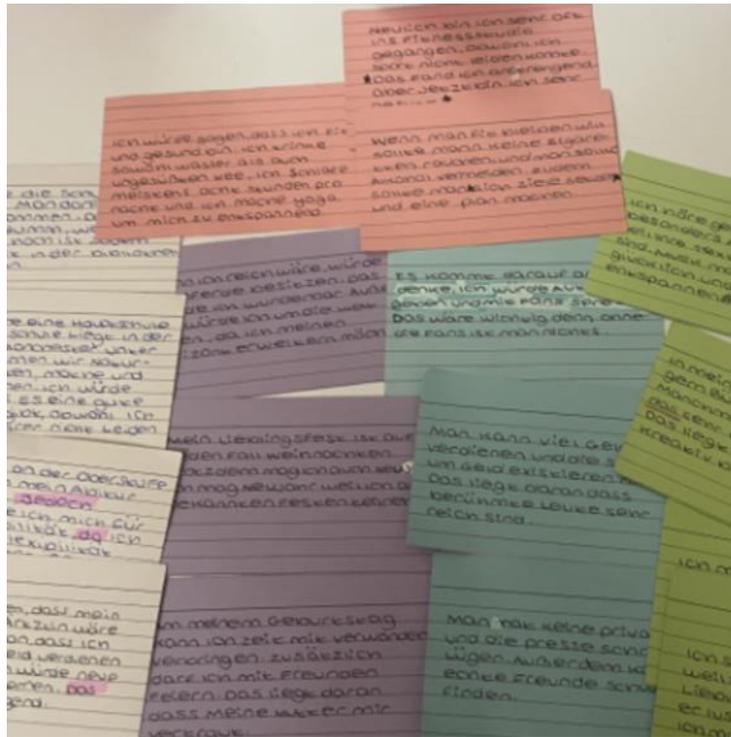
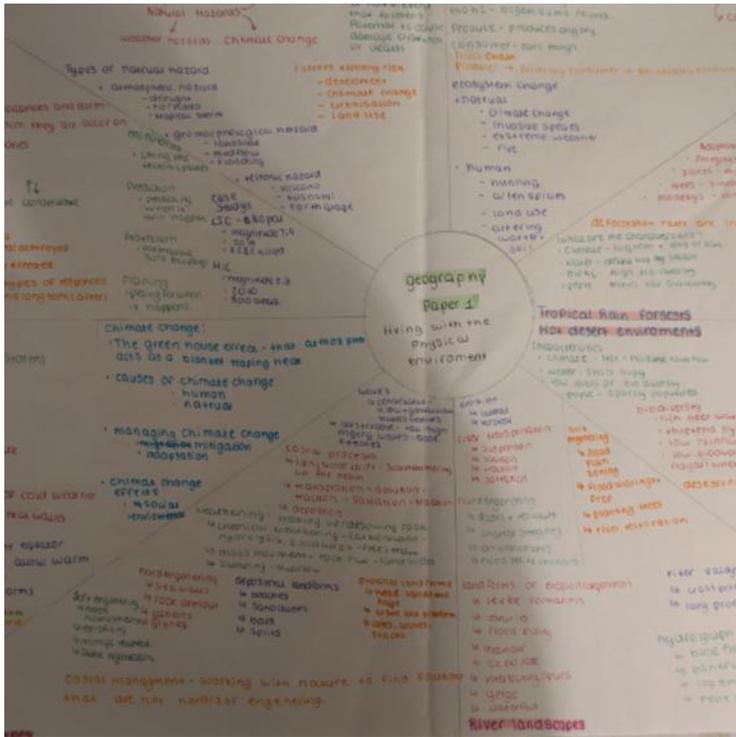
**Revision product that students are producing themselves**



**Revision Apps**



**Mr Broad's Strategy Spot Checks across all Year 11 students**



**Hip flexors** - flexion of the leg at the hip  
**Gluteals** - Extension, rotation and abduction at hip  
**Deltoid** - flexion, extension, abduction or circumduction at the shoulder  
**Latisimus dorsi** - Extension, adduction, rotation at the shoulder

**Abdominals** - flexion at the waist  
**Rotator cuffs** - rotation & abduction at the shoulder  
**Tibialis anterior** - dorsiflexion at the ankle

If the relaxing muscle in an antagonistic muscle pair is the antagonist and the contracting muscle is known as the agonist.  
 ↳ each muscle is attached to two bones by tendons

**Muscle contraction**  
**Isometric contraction** - when the muscle stays the same length  
**Isotonic contraction** - when the muscle changes length and so something moves

↳ **concentric contraction:** Shortening of the muscle  
 ↳ **Eccentric contraction:** muscle is lengthening

**Muscle pairs:**

**Knee:**  
 Flexion - agonist - hamstring  
 antagonist - quadriceps  
 Extension - agonist - quadriceps  
 antagonist - hamstring

**Elbow:**  
 Flexion - agonist - biceps  
 antagonist - triceps  
 Extension - agonist - triceps  
 antagonist - biceps

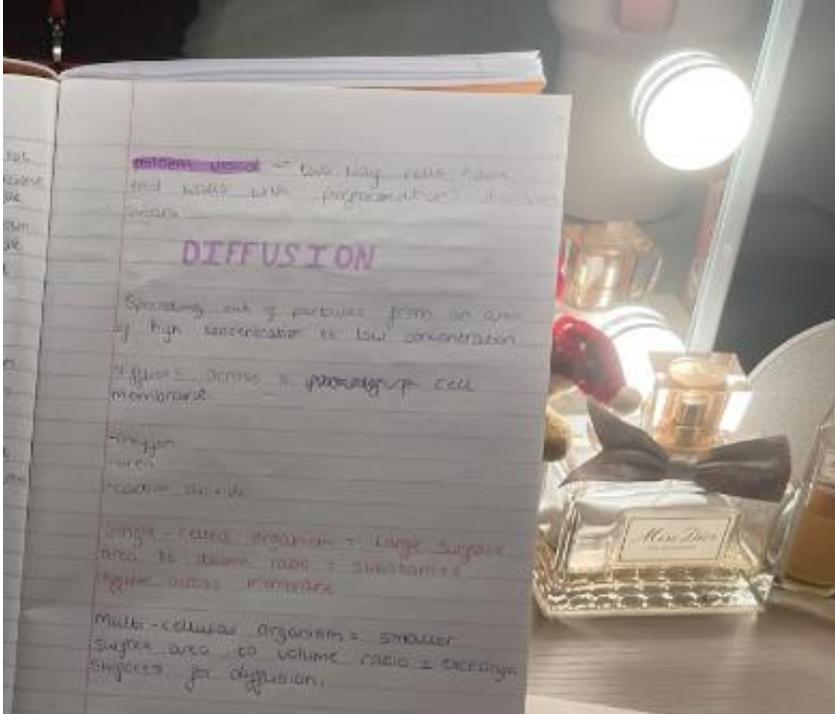
**Hip:**  
 Flexion - agonist - hip flexor  
 antagonist - gluteals  
 Antagonist - hamstrings

**Ankle:**  
 plantar flexion - agonist - gastrocnemius  
 antagonist - tibialis anterior  
 Dorsiflexion - agonist - tibialis anterior  
 antagonist - plantar flexor

# What is revision product?

How a student **produces** revision materials themselves so that they are **ACTIVELY** engaged in writing rather than **JUST** reading information which is not effective learning: More on this at our Revision Workshop





**diffusion** - low conc. cells move and water with permeability

## DIFFUSION

Spreading out of particles from an area of high concentration to low concentration

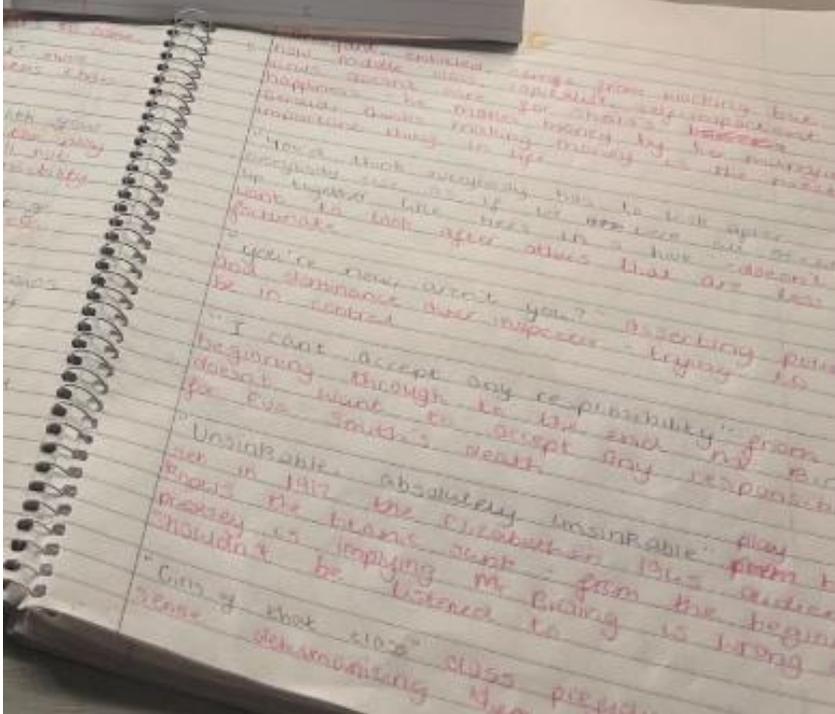
Diffusion across a permeable cell membrane

Simple

Passive

High - conc. solution = large surface area to volume ratio = substances diffuse across membrane

Multi-cellular organisms = smaller surface area to volume ratio = exchange surfaces for diffusion



"How do you expect me to look after this?"  
"You're not, are you?"  
"I can't accept any responsibility" from beginning through to the end and now he doesn't want to accept any responsibility for Eva Smith's death.

"Unstable, absolutely unstable" play set in 1912 the Elizabethan 1912 period shows the impact of money as implying Mr. Birling is wrong shouldn't be listened to

"Gins of that class" class friend



## RAINFORESTS

**Biome** - area in the planet with similar climate and landscape - similar plants and animals live there

**Commercial farming** - farming to make a product for a profit

**Debt reduction** - financial strategies to reduce or prioritise the payments

**Ecotourism** - respectful travel to natural areas that values the environment and benefits local

**Logging** - cutting down trees and using the timber

**Sustainability** - progress in how we manage things to last beyond 2000 years - making them last a bit longer rather than just

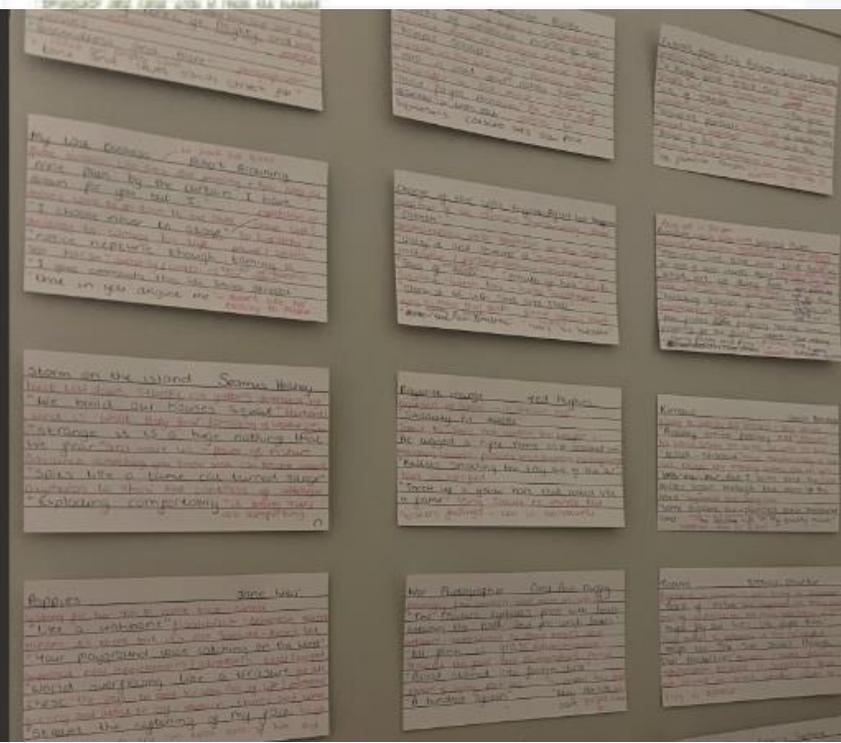
**Locations of rainforests are found in North and South of the equator**

### CHARACTERISTICS

- Dense - high temperatures, rainfall and high humidity
- High - diverse and species being extinct
- Soil - rich, fertile, nutrient rich, decomposed in the system & quickly absorbed
- Dark - highest biodiversity in the world
- High - moisture levels and humidity, constant air movement, poor by sea, deep

### ADAPTATIONS

Animals and plants with special features



**My Life** - I was born in 1912 in a small town in Yorkshire. I was the youngest of five children. My father was a coal miner and my mother was a housewife. I went to school and then to university. I became a doctor and worked in a hospital. I married and had three children. I died in 1992.

**Storm on the island** - Some things have been done in the past which are now considered as barbaric. The world has changed and we have become more civilized. We have learned to live together in peace and harmony. We have learned to respect each other and to work together for the good of all.

**Paper** - Paper is a material made from wood. It is used for writing and printing. It is one of the most important materials in the world. It has been used for thousands of years. It is made from the cellulose fibers of plants. It is a renewable resource if it is made from recycled paper.

**Robert Frost** - 'The Road Not Taken' is a poem about choices. It is about the path we take in life and how it shapes our future. It is a metaphor for the choices we make every day. It is a reminder that we should be proud of the path we have chosen.

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YOU DESERVE A REST YOU DESERVE IT !!

<del>30 mins = Maths you're amazing</del>	<del>30 mins = Geog PI</del>	<del>30 mins = Biology Thank god or not lol!!</del>	<del>1hr = Media</del>	<del>1.5hr = Eng Lit</del>	<del>1.5hr = Eng Lang</del>	<del>HWWRK BREAK</del>
1hr = Eng Lang	30 min = Maths	30 mins = Geog PI	30 mins = Biology	1hr = Media keep going diva!!	1.5hr = Eng Lit 1.5hr = Eng Lang.	DANCE HWWRK BREAK
1hr = Drama I'm doing my best + that is enough	Eng Lit 30 min = Bio 30 min = Maths	30 mins = Geog PI 30 min = chem	30 mins = Eng Lang 30 mins Media	1hr = Media Geog	1.5hr = Drama 1hr = Chem 30 min =	DANCE HWWRK BREAK





# Avoid the smart phone brain drain

## The effects of smartphone addiction on learning: A meta-analysis

### Highlights

- Smartphone addiction has negative impacts on student learning and overall academic performance.
- The greater the use of a phone while studying, the greater the negative impact on learning.
- The skills and cognitive abilities students needed for academic success are negatively affected by excessive phone use.
- The results of this meta-analysis implied that addicted users show a diminished level in learning.

# Personalised intervention plan

Interventions are being updated as we review student performance in the mock exams. We will inform you in the coming weeks of every intervention that we need your child to attend

## YEAR 11 INTERVENTION MENU 2025/26

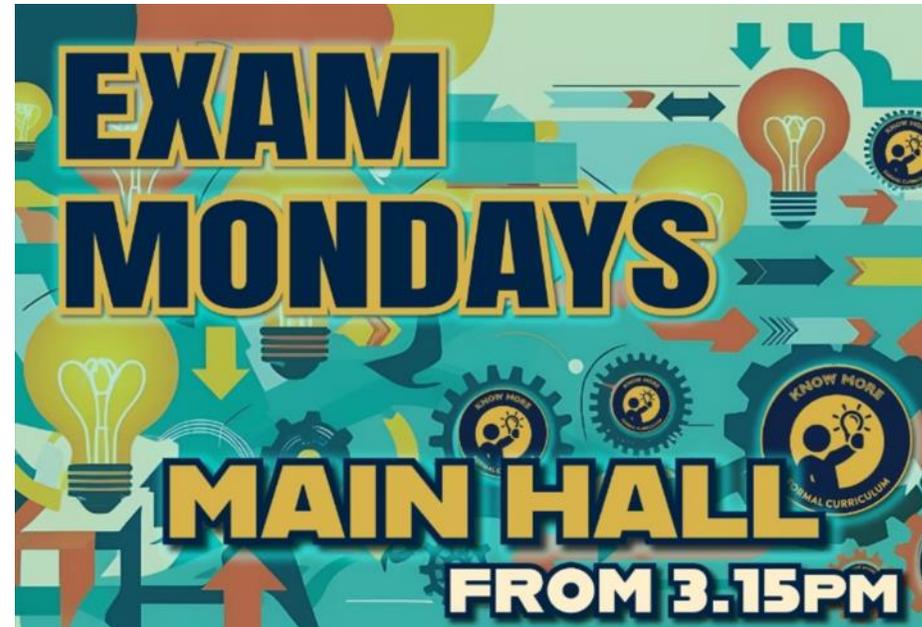


SUBJECT	PERIOD	CONTACT	MON	TUES	WEDS	THURS	FRI
			ROOM				
ART & GRAPHICS	P6	Mrs Bell		8/9/10	8/9/10	8/9/10	
COMPUTER SCIENCE	P6	Mr Moore				4	
DT	P6	Mrs Regan				7/5b	
ENGLISH	P6	Mr Fell		35		111	

# Exam Mondays and Mock 2

Exam Mondays run every week to support students and practising becoming better at exam technique

Mock 2 in the week after half term in English, Maths and Science will allow us to track improvements and remaining gaps



# Revision Workshop: Tuesday 27 January at 6p.m.

- How to revise at home in Maths
- How to revise at home in English
- How to revise at home in Science
- General tips on how to revise
- Update on the Intervention and Exam Preparation Programme

Weekly Revision Timetable

Day	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 2:35	2:35 – 4:00 <small>(Revision / Intervention)</small>	4:00 – 5:00	5:00 – 6:00	6:00 – 7:00	7:00 – 8:00	8:00 – 9:00	9:00 – 10:00
Wk. 4 <sup>th</sup> Nov												
Monday						Exam Monday Biology			Spanish			
Tuesday						Maths			Chemistry			
Wednesday						Eng. Lang.		Tutor time		English literature		
Thursday						Science Study Support		Biology			BOXING	
Friday								Geography				
Saturday	Maths			Media					FRIENDS and SOCIAL TIME			
Sunday	English language							FAMILY TIME				

# Revision Resources

Exam Strategy Pages 2025

Exam Strategy Pages 2025

Set Page as Task Edit Page Immersive Reader

**TIME TO PREP** **LETS GET STARTED** **WE CAN DO THIS**

Welcome to the Mock Exam Strategy Page 2025

This has everything you need on it to support effective exam preparation

Interventions Menu Revision Apps Revision Techniques Revision Timetables Templates Subject Revision Mock Exam Timetable

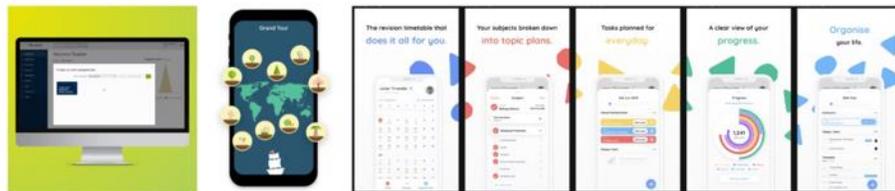
Smart Learning to support your revision strategy

Year 11 Raising Attainment 2025: 8 strategies for success

1

A one-stop shop on Firefly for everything that you need

There are some great Apps out there to help you to plan and focus.



**We call this**



**WE CAN DO THIS**

**Because**



**WE CAN DO THIS**

**If we build the right exam strategy**

**WE CAN DO THIS**

# Successful Strategy

## Why Strategy Matters

- Time spent revising  $\neq$  progress made
- Effective revision must be **active** not just passive
- High-performing students deploy an effective revision strategy



# Successful Strategy

## What "Successful Strategy" Means

A personalised approach that includes:



**A clear revision plan**



**Effective techniques that work for the student**



**Strong routines and habits**



**Reflection and adaptation**

# Successful Strategy

## What It Looks Like

Students:

- Know *what* to revise
- Know *how* to revise
- Know *when* to revise
- Regularly review what is and isn't working



# Successful Strategy



# Successful Strategy



# Intervention Programme Update



Revision Apps



Revision Techniques

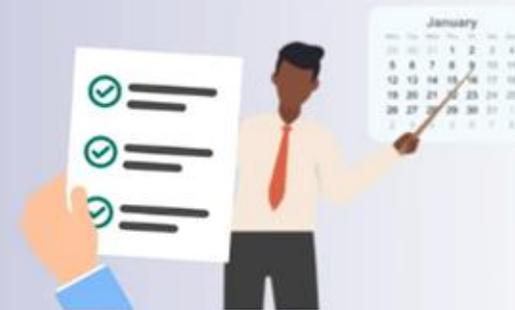
## Recommendation 2

Explicitly teach pupils metacognitive strategies, including how to plan, monitor, and evaluate their learning.



## Recommendation 6

Explicitly teach pupils how to organise, and effectively manage, their learning independently.



### GCSE: REDUCING EXAM ANXIETY 3: IN THE EXAM (VIDEO 3 MINS 7 SECS)

Getting the Grades GCSE - How do students cope when they get anxious in an exam? Listen to advice from students.

✓ Available

[FULL DETAILS](#)



### GCSE: EXAM ANXIETY 1: REDUCING IT THROUGHOUT THE YEAR (VIDEO 3 MINS 33 SECS)

Getting the Grades GCSE - Play at the beginning of Year 10 and 11: the more revision and hard work students put in, the more it helped them reduce anxiety.

✓ Available

[FULL DETAILS](#)



# Parental Support

## How You Can Help at Home

### Encourage Routine

Help establish consistent study times

### Support Consistency

Regular short sessions beat cramming

### Spot Positive Behaviors

- Planning ahead
- Strong habits
- Useful techniques

### Better Questions to Ask

✗ "Have you revised?"

✓ "What did you revise today?"

✓ "How did you revise?"

✓ "What's your plan for tomorrow?"



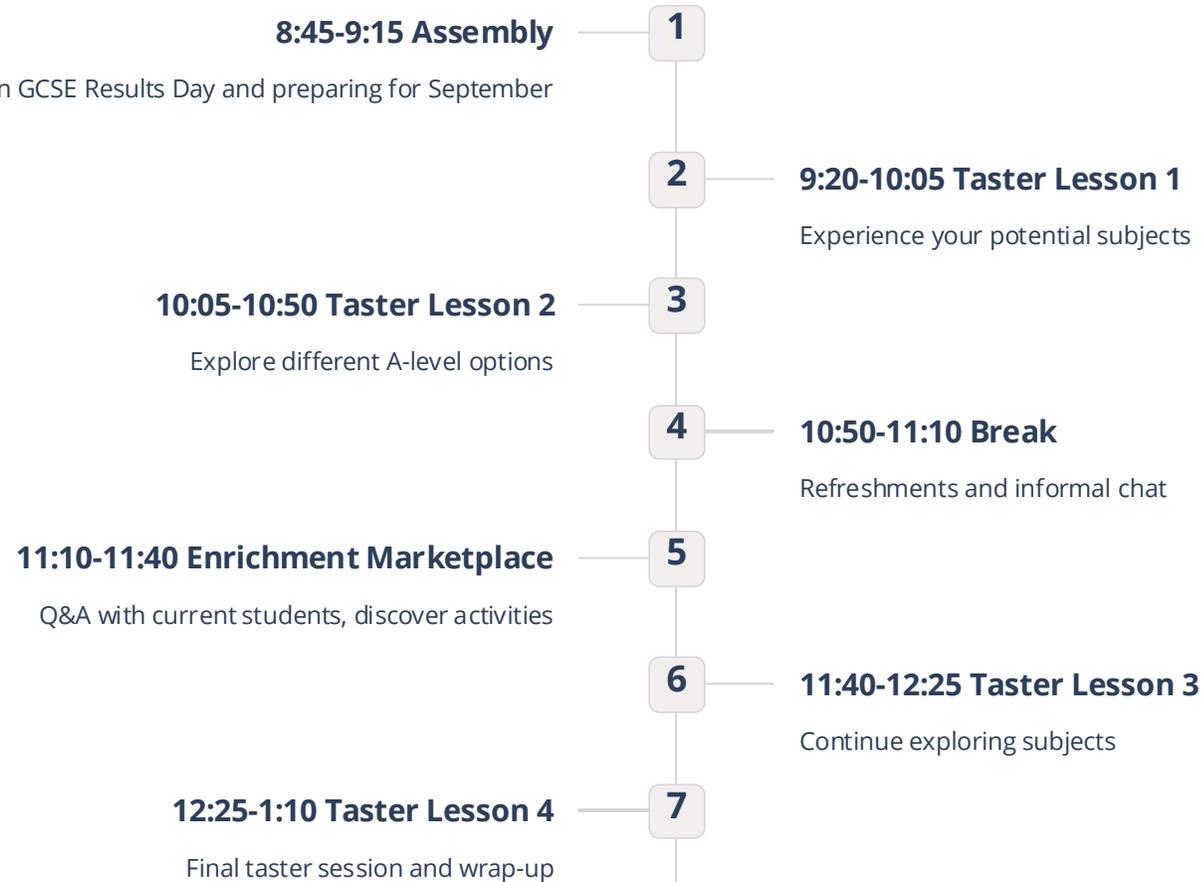
**Join us: Revision  
Workshop** Monday 27  
January at 6pm

WILMSLOW HIGH SCHOOL  
**Mock Results Evening**

LOOKING AHEAD

# 6th Form Induction Day

## Tuesday 30th June



# 6th Form Induction Day

## Interview Day – Wednesday 1st July

You will be invited to attend an interview with a member of the 6th Form team to confirm your subject choices and discuss your next steps.

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Please sign up by **Thursday 26th March** using the link in the Induction Day booklet (on the student noticeboard).

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**WILMSLOW**  
HIGH SCHOOL