

# INDEPENDENT PRACTICE

Subject	Key Stage 3 (Years 7 to 9)	Key Stage 4 (Years 10 to 11)
<b>Art: fine art, graphic communication and photography</b>	<p>An independent practice task will be set once per week and should take up to 45 minutes. The task may involve:</p> <p><b>Lesson Prep</b> – collecting resources, preparing pages or doing research, in order to prepare for a forthcoming lesson.</p> <p><b>Deliberate Practice</b> – deliberately practising knowledge and skills through the completion of a range of tasks. Drafting, planning or practicing skills, in order to develop creative responses within a given theme.</p> <p><b>Response Task</b> – refining outcomes and responding to feedback.</p>	<p>An independent practice task will be set once per week and should take up to 90 minutes. The task may involve:</p> <p><b>Lesson Prep</b> – collecting resources, preparing pages or doing research, in order to prepare for a forthcoming lesson.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge and skills through the completion of a range of tasks. Drafting, planning or practicing skills in order to develop in-depth responses within a given design context.</p> <p><b>Response Task</b> – refining outcomes and responding to feedback.</p>
<b>Business and Enterprise</b>	<p>In Year 9 Teachers will set a range of short tasks lasting no more than 30 minutes per fortnight.</p> <p>Independent practice tasks might take the form of learning key terms, researching ideas or watching programmes to inform future lessons.</p>	<p>Students will be set independent practice each week. Independent practice tasks will take the form of:</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge via Seneca learning and firefly quiz. Practicing exam questions. Practicing skills such as essay planning.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using key terms and knowledge organisers.</p> <p><i>Additional time will need to be devoted to preparation for assessments and examinations.</i></p>
<b>Computer Science</b>	<p>An independent practice task will be set once per week and should take up to 30 minutes. The task may involve:</p> <p>Lesson Prep – doing research, reading or analysing information, in order to prepare for a forthcoming lesson.</p> <p>Deliberate Practice – deliberately practising knowledge and skills through the completion of a range of tasks. Drafting, planning or problem solving, in order to gain confidence and develop detailed responses within a given context.</p> <p>Retrieval Practice – retrieving and revising knowledge, using flashcards, knowledge organisers and re-visiting skills, in order to generate detailed written work.</p>	<p>An independent practice task will be set once per week and should take up to 45 minutes. The task may involve:</p> <p>Lesson Prep – doing research, reading or analysing information, in order to prepare for a forthcoming lesson.</p> <p>Deliberate Practice – deliberately practising knowledge and skills through the completion of a range of tasks. Drafting, planning or problem solving, in order to gain confidence and develop high level responses to complex situations.</p> <p>Retrieval Practice – retrieving and revising knowledge, using flashcards, knowledge organisers and re-visiting skills, in order to generate detailed written work autonomously.</p>

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<b>Design &amp; Technology: product design, textile technology and food &amp; nutrition</b>	<p>An independent practice task will be set once per week and should take up to 30 minutes. The task may involve:</p> <p><b>Lesson Prep</b> – doing research, designing or learning new material to prepare for a forthcoming lesson.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge through the completion of a range of tasks. Practising skills, drafting, planning or learning theory, in order to develop detailed responses within a given design context.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers and re-visiting skills, in order to complete comprehensive design work.</p>	<p>An independent practice task will be set once per week and should take up to 90 minutes. The task may involve:</p> <p><b>Lesson Prep</b> – doing research, designing or learning new material to prepare for a forthcoming lesson.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge through the completion of a range of tasks. Practising skills, drafting, modelling, planning or analysing, in order to complete in-depth written responses and develop confidence when designing.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers and re-visiting skills in order to apply knowledge and problem solve autonomously.</p>
<b>English</b>	<ul style="list-style-type: none"> <li>Each fortnight students will be expected to complete two independent practice tasks.</li> <li>Each week students should complete a minimum of 45 minutes independent reading.</li> <li>Each week students should learn their weekly 'Words for All' vocabulary.</li> </ul> <p>Independent practice tasks may take the form of:</p> <p><b>Lesson preparation:</b> Undertaking research ready for the lesson (for example preparing information on an author) Reading a wider reading article ahead of a lesson Selecting quotations or facts to bring to the next lesson Preparing a plan for an assessment</p> <p><b>Deliberate practice:</b> Practising questions and writing paragraphs based on models given in class Completing questions on wider reading resources Completing a piece of creative writing</p> <p><b>Retrieval practice:</b> Retrieving and revising knowledge with use of flashcards, quizlet and testing of knowledge organiser.</p>	<p>Students will be expected to undertake one to two hours of independent practice per week.</p> <p>Students are also expected to devote considerable time to personal reading for pleasure each week and parents are encouraged to help ensure students have a good supply of good quality reading material; the school's LRC and Wilmslow Library are able to assist with this.</p> <p>Independent tasks may take the form of:</p> <p><b>Lesson preparation:</b> Researching an author, contextual information surrounding a text Reading wider reading texts set by class teacher Completing any pre-reading of texts which are set by class teacher Reading around the set texts (teacher will give guidance here)</p> <p><b>Independent practice:</b> Analysis of quotations Answering targeted questions – set by class teacher to support the learning within the classroom Completing analytical essays/paragraphs on the set texts Undertaking weekly 500 word practice for English Language GCSE question 5s</p> <p><b>Retrieval practice:</b> Students will undertake weekly quotation and vocabulary learning activities – students will learn these off by heart and will be tested on their knowledge In preparation for assessments, students will be expected to judiciously select quotations to use and to analyse</p>

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<b>Geography</b>	<p>Students will be set one large independent task each half term.</p> <p>Within each half term teachers will set a range of shorter tasks which will vary each week.</p> <p>Independent practice tasks might take the form of:</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge via questions. Practising skills such as data interpretation or extended writing.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers.</p>	<p>Students will be set independent practice each week.</p> <p>Independent practice tasks might take the form of:</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practising knowledge via SENECA learning and firefly quiz. Practicing exam questions. Practicing skills such as data interpretation.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers.</p> <p>Additional time will need to be devoted to preparation for assessments and examinations.</p>
<b>History</b>	<p>Within each half term teachers will set a range of shorter tasks which will vary each fortnight.</p> <p>Independent practice tasks might take the form of:</p> <p><b>Lesson Prep</b> – watching, reading, researching, learning new material to Prepare for future lessons or completing response tasks.</p> <p><b>Deliberate Practice</b> – deliberately practising knowledge via questions. Practising skills such as source analysis or extended writing.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using quizlet flashcards, knowledge organisers.</p>	<p>Students will be set independent practice each week.</p> <p>Independent practice tasks might take the form of:</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge via quizlet learning and firefly quiz. Practicing exam questions. Practicing skills such as source analysis, interpretation and essay planning.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using quizlet, flashcards, knowledge organisers.</p> <p>Additional time will need to be devoted to preparation for assessments and examinations.</p>
<b>IT</b>	<p>N/A</p>	<p>An independent practice task will be set once per week and should take up to 45 minutes. The task may involve:</p> <p><b>Lesson Prep</b> –reading the notes or watching the video for an upcoming topic.</p> <p><b>Deliberate Practice</b> – deliberately practising knowledge and skills through the completion of a range of tasks. Including practice questions, worksheets or online quizzes.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers and re-visiting your Cornell notes, in order to generate detailed written answers autonomously.</p>

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<b>Maths</b>	<p>A selection of tasks will be set for students (automatically), based on recent learning, on Sparx Maths. The tasks should take up to 1 hour and students should watch the videos, make notes and try the questions in each task.</p> <p>Students should also use Sparx Maths to complete independent practice, including after assessments with the use of gap analysis'. We will include the task number relevant to each topic in the gap analysis document to make it accessible for all students.</p>	<p>A selection of tasks will be set for students (automatically), based on recent classroom learning, on Sparx Maths. The tasks should take up to 1 hour and students should watch the video, make notes and try the questions in each task.</p> <p>Students should also complete up to 1 hour of additional exam questions on relevant topics using MathsGenie.co.uk and by engaging with help from a Maths teacher either before or after school.</p> <p>Students should also use Sparx Maths to complete independent practice, including after assessments with the use of gap analysis'. We will include the task number relevant to each topic in the gap analysis document to make it accessible for all students.</p>
<b>Modern Foreign Languages</b>	<p><b>Year 7:</b> 1 twenty-minute task per week, per language.  <b>Year 8 &amp; 9:</b> Up to 1 hour of independent practice per week.</p> <p>Independent practice tasks might take the form of:</p> <p><b>Lesson prep-</b> learning chunks of vocabulary from Sentence Builders (Knowledge organisers) in preparation for future lessons, researching cultural aspects of target language speaking countries (and making posters or presentations on these).</p> <p><b>Deliberate Practice</b> – deliberately practising vocabulary, phonics and grammar to reinforce knowledge, via reading and listening comprehension tasks, speaking practice tasks, short writing tasks, grammar drill tasks, short Firefly quizzes.</p> <p><b>Retrieval Practice- Retrieving and reinforcing knowledge relating to vocabulary, grammar and phonics:</b></p> <ul style="list-style-type: none"> <li>• reviewing chunks of vocabulary from our Sentence Builders and testing yourself on these using flashcards, Quizlet, short Firefly quizzes, short follow up tests next lesson.</li> <li>• reviewing phonics by practising saying sentences from our Sentence Builders and from memory, revising phonics using our Firefly Page/ Quizlet, preparing for short speaking tests next lesson.</li> <li>• reviewing and revising grammar by practising writing sentences using grammar from previous lessons, applying grammar to new scenarios, practising explaining the grammar rules by encoding notes or saying aloud.</li> <li>• Practising and showing ability to do all of the above by completing reading, listening, writing and speaking tasks autonomously (without use of the Sentence Builder).</li> <li>• Reflecting on your ability to do all of the above using the MFL reflection sheets in exercise books.</li> </ul>	<p>Up to two hours per week of independent tasks. Independent tasks might take the form of:</p> <p><b>Lesson prep</b> - Learning vocabulary or grammar (or re-learning vocabulary or grammar from previous years) in preparation for upcoming lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge of the four skills by completing reading, listening, writing and speaking exercises. Using the textbook and notes from class to write and practise saying speaking question. Using Kerboodle interactive exercises and textbook exercises to practise reading, listening, writing, grammar and translation into and out of the target language. Using Firefly resources and short Firefly quizzes.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge using Quizlet, flashcards, short Firefly Quizzes, short tests in follow up lessons, going over lesson resources on Firefly or practising retrieving knowledge organiser content. Completing reading, listening, writing and speaking exercises autonomously (without the support of notes or knowledge organisers). Learning speaking question answers and practising saying these aloud from memory.</p>

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<b>P.E.</b>	N/A	<p>1 x 30 minutes homework weekly</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge via questions, Isaac Physics, SENECA learning or MyGCSE.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers or Quizlet. <i>Additional time will need to be devoted to preparation for assessments and examinations.</i></p>
<b>Performing Arts</b>	<p><b>Drama:</b> Independent practise is set to inform future lessons or to prepare for performance tasks. Twice a half term students will be directed to Firefly to revise the key terms from the Knowledge Organisers.</p> <p><b>Media:</b> Not studied at Key Stage 3</p> <p><b>Music:</b> Music lessons at Key Stage 3 are predominantly practical. Independent practise may be set occasionally to support learning.</p>	<p><b>Drama:</b> One task per week, expected to take 40-60 minutes. Additional time will need to be devoted to preparation for assessments and examinations including attending rehearsals, completing prep script work, etc. Dedicated independent practice will need to increase during practical examination times.</p> <p><b>Media:</b> One homework task per week. Usually this will consist of preparation of work for coursework, i.e. creating mock-ups/story boards, taking photographs/filming for practical pieces and analysing existing media texts.</p> <p><b>Music:</b> One task per week, expected to take 40-60 minutes. Additional time will need to be devoted to preparation for assessments and examinations.</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practising knowledge via SENECA learning and firefly quiz. Practicing exam questions. Practicing skills such as data interpretation.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers. <i>Additional time will need to be devoted to preparation for assessments and examinations.</i></p>

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<b>Science</b>	<p><b>Year 7 and 8:</b> Two independent practice tasks per fortnight.</p> <p><b>Year 9:</b> Three independent practice tasks per fortnight: one for each of biology, chemistry and physics.</p> <p>Independent practice tasks might take the form of:</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material from knowledge organisers to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge via questions, Isaac Physics, firefly quizzes, SENECA learning or Cognito.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers, Quizlet or Carousel.</p>	<p><b>Combined Science:</b> Three independent practice tasks per fortnight: one for each of biology, chemistry and physics.</p> <p><b>Triple Science:</b> Six independent practice tasks per fortnight: two for each of biology, chemistry and physics.</p> <p>Independent practice tasks might take the form of:</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material from knowledge organisers to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge via questions, Isaac Physics, firefly quizzes, SENECA learning or Cognito.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers, Quizlet or Carousel.</p> <p><i>Additional time will need to be devoted to preparation for assessments and examinations.</i></p>
<b>Social Studies</b>	<p>Independent practice will be set 2 times every 4 weeks. This will involve learning and/or written tasks.</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practicing knowledge via questions. Practising skills such as data interpretation or extended writing.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers.</p>	<p>One task per week, expected to take 40-60 minutes. Additional time will need to be devoted to preparation for assessments and examinations.</p> <p><b>Lesson Prep</b> – watching, reading, researching or learning new material to prepare for future lessons.</p> <p><b>Deliberate Practice</b> – deliberately practising knowledge via SENECA learning and firefly quiz. Practising exam questions. Practising skills such as data interpretation.</p> <p><b>Retrieval Practice</b> – retrieving and revising knowledge, using flashcards, knowledge organisers.</p> <p><i>Additional time will need to be devoted to preparation for assessments and examinations.</i></p>