Assessment Framework: Physical Education

**What skills are tested?**

Knowledge

Application

Analysis

Evaluation

**How are the skills examined?**

There are two examination papers:

**Paper one – Anatomy and physiology, sport and society and sports psychology**

2 multiple-choice questions per section

Mixture of short answer questions totalling 10 mark per section

8 and 15 marks essay questions per section

**Paper two – Exercise physiology, biomechanical principles, sport and society and the role of technology and skill acquisition.**

2 multiple-choice questions per section

Mixture of short answer questions totalling 10 mark per section

8 and 15 marks essay questions per section

**Paper three – Economic Principles and Issues**

30 MCQs

10, 15, 25 marks essay questions

**Short-cycle**

Each lesson begins with a low-stakes knowledge retrieval activity in the form of a whiteboard quiz, placemats or kahoot!. This task assesses the students’ recall of previously taught knowledge. During lessons, we implement various questioning strategies such as “cold calling” and “hinge questions” in order to gain an insight into how well the pupils are learning the new content. Plenaries are created and used throughout lessons as a form of formative assessment to check understanding of the content taught and provide us with immediate feedback. This is usually in the form of examination-style questions to challenge pupils knowledge and application however, this can also take place as a mini quiz, whiteboard bingo or any other teaching and learning strategies.

**Medium-cycle**

Key term quizzes, knowledge organizer quizzes and end of unit tests will be completed during each half term. This will vary per section so please see assessment framework below for more information. The variation of methods used will ensure that staff can tackle any gaps and flag concerns to the relevant staff. As well as consolidating declarative knowledge, extended answer questions will also be used to assess the procedural knowledge of the pupils. These assessment methods are sequenced in a specific order to enable students to construct the answers in accordance to AQA standards. This is a key objective for the course because extended answer questions total 66% of the total marks.

**Long-cycle**

The pupils will complete mock examinations throughout years 12 and 13. The data obtained from these tests will provide us with an overview of how the pupil is performing and how they fare in examination conditions. The assessments will comprise of past paper examination-style questions so they will test both the procedural knowledge and declarative knowledge of the pupils.

**GCSE PE**

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|  | **Half Term 1** | **Half Term 2** | **Half Term 3** | **Half Term 4** | **Half Term 5** | **Half Term 6** |
| **Year 10** | Progress Test - Chapter 6: Health and Fitness  | Progress Test - Chapter 1a: Anatomy and PhysiologyChapter 2: Movement AnalysisYear 10 Christmas Mock (Chapters 1a, 2 and 6) | Progress Test - Chapter 1b: Cardiorespiratory system | Progress Test - Chapter 1C: Aerobic and Anaerobic exercise | Progress Test - Chapter 3: Physical Training | End of Year Mock – this will include content from Chapters 1a, 1b, 1c, 2, 3 and 6 |
| **Year 11** | Progress Test - Chapter 4: Sports Psychology | Progress Test - Chapter 5a: Socio-cultural influencesYear 11 Christmas Mock  | Progress Test - Chapter 5b: Commercialisation | Progress Test - Chapter 5c: Ethical Issues |  |  |

**Year 12**

|  |  |  |  |  |  |  |
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|  | **Half Term 1** | **Half Term 2** | **Half Term 3** | **Half Term 4** | **Half Term 5** | **Half Term 6** |
| **Year 12** **Section A** | **Progress test - Cardiovascular System Test**  | **Progress test - Respiratory System Test** Extended answer question lesson/exam technique. Essay - synoptic links questions  | **Mock*** Cardiovascular system
* Respiratory system
* Neuromuscular system

Progress test - Neuromuscular Test plus extended answer questions on Cardio-respiratory and neuromuscular.  | **Progress test** - musculoskeletal system  | **Progress test – energy systems**   | **Mock*** Cardiovascular system
* Respiratory system
* Neuromuscular system
* Musculo-skeletal system
* Energy systems
 |
| **Year 12** **Section B** | **Progress test – Psychological influences on the individual (1)** | **Progress test – Further psychological influences on the individual (2)**Extended answer question lesson/exam technique.  | **Mock****psychological influences on the individual**   | **Progress test** - Psychological; influences of the team. (1)  | **Progress test – Further psychological influences on the team (2)***
 | **Mock*** **psychological influences on the individual**
* **psychological influences on the team**
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| **Year 12 Section C** | **Progress test –** * Concept of physical activity and sport
 | **Progress test –** * Development of elite performers

Extended answer question lesson/exam technique. Essay - synoptic links questions  | **Mock*** Concepts of physical activity and sport
* Development of Elite performers
* Ethics in sport
 | **Progress test** - * Violence in sport

More extended answer questions being introduced.  | **Progress test** * Sport and the law
 | **Mock**Concept of physical activity and sportDevelopment of elite performers Ethics in sportDrugs in sport Violence in sport Sport and the law  |

**Year 13**

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|  | **Half Term 1** | **Half Term 2** | **Half Term 3** | **Half Term 4** | **Half Term 5** |
| **Year 13 Section A** | **Progress test*** Diet and nutrition
* Mixed with year 12 for extended answer questions synoptic links.
 | **Mock*** Exercise physiology (Preparation and training methods and diet)
* Year 12 content
 | **Progress test*** Injury prevention and rehabilitation of injury
* Diet and nutrition
* Preparation and training methods
 | * **Biomechanical principles**
 | **Progress test*** Entire specification
 |
| **Year 13 Section B** | **Progress test – Skill characteristics and their impact on transfer and practice** | **Progress test – Principles and theories of learning and performance**Extended answer question lesson/exam technique.  | **Mock****Skill characteristics and their impact on transfer and practice****Principles and theories of learning and performance** | **Progress test** - Information processing  | **Mock****Skill characteristics and their impact on transfer and practice****Principles and theories of learning and performance**Information processing |
| **Year 13 Section C** | The role of technology in sport (7.1 and 13.8) | Emergence of the globalisation of sport in the 21st century.  | Mock  | The impact of sport on society and society on sport  | Mock  |

**BTEC**

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|  | **Half Term 1** | **Half Term 2** | **Half Term 3** | **Half Term 4** | **Half Term 5** |
| **Year 10 BTEC** |  |  |  | PSA 1/ Component 1  |  |
| **Year11 BTEC** | PSA/Component 2  |  |  | PSA 3/Component 3  |  |
| **Year 12 BTEC** |  |  |  | Unit 1 examUnit 2 examUnit 19 exam  |  |
| **Year 13 BTEC** |  |  | Unit 22 exam  |  |  |

**Year 7-11 CORE Lessons**

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| --- | --- | --- | --- |
|  | **Year 7** | **Year 8&9** | **Year 10&11** |
| **Heads, Hands, Heart**  | By the end of year 7, all students should achieve a minimum of bronze across all three areas.  | By the end KS3 all students should achieve a minimum of silver across all three areas.  | By the end of KS4, students should achieve gold across all three sections.  |

